

## **Gratitude Nature Walk**

Head outside and search for these objects.

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 $\hfill \square$  Search for a special leaf

☐ Search for a forest creature or bug

☐ Search for a special stone

☐ Search for two small sticks

☐ Search for something that brings a smile to your face

☐ Search for something that is colourful

 $\hfill\Box$  Take a moment to enjoy a beautiful view

Draw a picture of your favourite outdoor find.